



Moving and Handling Policy

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Moving and Handling Policy

At Alert Health 24 Limited, we understand the importance of providing quality care to our service users, and this includes ensuring that they are moved and handled safely and appropriately. This policy sets out our approach to moving and handling and is designed to ensure that all staff members who undertake these tasks do so in a safe, consistent, and compliant manner.

Scope

This policy applies to all staff members who are involved in moving and handling tasks, including lifting, transferring, positioning, and supporting service users within various care establishments across the UK.

Regulations and Legislations

Alert Health 24 is committed to complying with all relevant regulations and legislations related to moving and handling, including the following:

1. Lifting Operations and Lifting Equipment Regulations (LOLER): These regulations require that all lifting equipment be regularly inspected, maintained and that employees are trained to use it safely.
2. Manual Handling Operations Regulations: These regulations require that all manual handling activities are assessed for risk, and that measures are put in place to reduce the risk of injury.
3. Health and Safety at Work Act: This legislation requires that all employers provide a safe work environment for their employees, including safe systems of work and appropriate training and supervision.

All staff must report any non-compliance in any of the above to both the client and Alert Health 24.

Responsibilities

All staff members have a responsibility to ensure that they undertake moving and handling tasks safely, and to report any concerns or issues to the client as they may arise. Alert health 24 are responsible for ensuring that staff members receive appropriate training, are aware of this policy, and that it is adhered to.

Risk Assessment

Before undertaking any moving and handling tasks, a risk assessment must be carried out to determine the most appropriate and safe method of moving and handling the service user. The assessment should consider the service user's needs, any mobility issues, the environment, the equipment required and the staff members' capability to undertake the task.

Training

All staff members who are involved in moving and handling tasks must receive appropriate training, which covers the following areas:

- Principles of safe moving and handling
- Risk assessment
- Use of equipment and aids
- Manual handling techniques
- Legal and regulatory requirements

The training must be regularly updated, and all staff members must receive annual refresher training.

Equipment

Appropriate equipment and aids must be provided to enable safe moving and handling. Equipment must be regularly maintained, checked, and replaced when necessary. Staff members must be trained to use the equipment and be aware of the limitations of the equipment.

Manual Handling Techniques

Staff members must be trained in safe manual handling techniques, including the use of correct posture, body positioning and the use of the correct muscles. Staff members must be encouraged to use these techniques in their daily work.

Communication

Effective communication between staff members is essential when undertaking moving and handling tasks. Staff members must ensure that they communicate effectively with each other, service users and their families. This will include agreeing on the most appropriate method of moving and handling the service user and any risks associated with the task.

Documentation

All moving and handling tasks must be documented, including the risk assessment, the method of moving and handling, and any equipment used. Any incidents or accidents that occur during moving and handling must also be documented and reported to the line manager.

Conclusion

At Alert Health 24 Limited, we take moving and handling seriously and are committed to providing safe, high-quality care to our service users. By adhering to this policy, we can ensure that our staff members are trained and supported in the safe and appropriate handling of our service users.